



Explorations: National Palliative Care Conference October 8th 2026

Poster Layout Guidelines

What is a poster?

- Visual display of results of an investigation mounted on a rectangular board.
- Used to convey research findings, project results, assignment work etc.

Layout:

- Poster size A0
- Portrait orientation
- Divide the poster into areas, maybe 6 to 8; with a clear heading for each content area.

Poster Content:

- Title, Author(s), Institution
- Abstract
- Introduction/ Background
- Aims and Objectives
- Methodology
- Results
- Conclusion/ Recommendations
- References (maximum of 5 references including standards used)

Recommended format:

- Text: maximum 500 words; use short sentences and at least 24-point sans serif font size so it can be easily read from a distance.
- Avoid data tables by converting into graphs, pie charts.
 - Use simple diagrams, photographs to give clear visual images of trends and relationships. Avoid complex illustrations, remember they are viewed quickly. Maximum 3 lines on graphs.
- Use pictures only of high resolution; low-res pictures will not print clearly
- Imported graphs, tables etc. from different software packages may need modification.

Tips:

- Don't put too much on the poster – people switch off.
- Do have an abstract or summary, to outline what you did and what you found.
- Don't assume people read from start to finish.

Poster Submission Abstract latest by 8th September 2025

Delegates will be notified by 15th September if your poster has been accepted for presentation. One poster will be selected for oral presentation

Please forward completed abstract as pdf-file to Carmel.ODonnell@hse.ie