



## **Explorations: National Palliative Care Conference October 9<sup>th</sup> 2025**

### **Poster Layout Guidelines**

#### **What is a poster?**

- Visual display of results of an investigation mounted on a rectangular board.
- Used to convey research findings, project results, assignment work etc.

#### **Layout:**

- Poster size A0
- Portrait orientation
- Divide the poster into areas, maybe 6 to 8; with a clear heading for each content area.

#### **Poster Content:**

- Title, Author(s), Institution
- Abstract
- Introduction/ Background
- Aims and Objectives
- Methodology
- Results
- Conclusion/ Recommendations
- References (maximum of 5 references including standards used)

#### **Recommended format:**

- Text: maximum 500 words; use short sentences and at least 24-point sans serif font size so it can be easily read from a distance.
- Avoid data tables by converting into graphs, pie charts.
  - Use simple diagrams, photographs to give clear visual images of trends and relationships. Avoid complex illustrations, remember they are viewed quickly. Maximum 3 lines on graphs.
- Use pictures only of high resolution; low-res pictures will not print clearly
- Imported graphs, tables etc. from different software packages may need modification.

#### **Tips:**

- Don't put too much on the poster – people switch off.
- Do have an abstract or summary, to outline what you did and what you found.
- Don't assume people read from start to finish.

#### **Poster Submission Abstract latest by 8<sup>th</sup> September 2025**

Delegates will be notified by 15<sup>th</sup> September if your poster has been accepted for presentation. One poster will be selected for oral presentation

**Please forward completed abstract as pdf-file to [Dervilla.Dockery@hse.ie](mailto:Dervilla.Dockery@hse.ie)**